

Twelve 15

Week 1

Autumn/Winter 2023/24 Menu

Weeks Starting:
30th Oct, 20th Nov,
11th Dec, 15th Jan, 5th Feb,
4th March and 25th March



Monday

Option 1

Cheese and Tomato Pizza with Pasta Salad

Option 2

Cheese and Tomato Pasta

Option 3

Jacket Potato with Beans v

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Chef's Shortbread

Tuesday

Option 1

Beef and Vegetable Pasta Bake

Option 2

Sweet Potato Whirl with Potato Crispers

Option 3

Jacket Potato with Cheese v

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Fruit Yoghurt

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2

Quorn Sausage with Roast Potatoes and Gravy

Option 3

Jacket Potato with Tuna Mavo

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Fruity Flapjack

Thursday

Option 1

Spanish Chicken with Rice

Option 2

Meat Free Bolognese with Pasta

Option 3

Jacket Potato with Cheese v

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Toffee Apple Crumble with Custard

Friday

Option 1

Fish Fingers with Oven Chips

Option 2

Cheese and Onion Slice with Oven Chips

Option 3



Jacket Potato with Cheese & Beans v

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Mandarin Jelly

 Vegetarian  Contains a minimum of 50% fruit

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Week 2

Autumn/Winter 2023/24 Menu

Weeks Starting:
6th Nov, 27th Nov,
1st Dec, 22nd Jan,
19th Feb and 11th March



Monday

Option 1

Pasta Twists
with Tomato Sauce

Vegetarian Option 2

Bombay Beans and
Cheese Topped
Potato Crispers

Option 3

Jacket Potato with Beans v

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Shortbread Biscuit
with Fresh Fruit Slices

Tuesday

Option 1

Pork Sausages with
Creamy Potato and
Gravy

Option 2

Meat Free
Sausages with Creamy
Potato and Gravy

Option 3

Jacket Potato with Cheese v

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Fruit
Yoghurt

Wednesday

Option 1

Roast Gammon
with Roast Potatoes
and Gravy

Option 2

Meat Free
Lattice Slice with Roast
Potatoes and Gravy

Option 3

Jacket Potato with Tuna
Mayo

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Raspberry Ripple Vanilla
Ice Cream Sponge Roll

Thursday

Option 1

Spaghetti
Bolognese

Option 2

Veggie Goujons
with New Potatoes

Option 3

Jacket Potato with Cheese v

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Chocolate Pear Sponge
with Custard

Friday

Option 1

Fish Fingers
with Oven
Chips

Option 2

Meat Free
Hot Dog with
Oven Chips

Option 3

Jacket Potato with Cheese &
Beans v



Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Butterscotch
Tart



 Vegetarian  Contains a minimum of 50% fruit

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Week 3

Autumn/Winter 2023/24 Menu

Weeks Starting:
13th Nov, 4th Dec,
8th Jan, 29th Jan,
26th Feb and 18th March



Monday

Option 1

Mac 'n' Cheese

Vegetarian Option 2

Tomato Pasta

Option 3

Jacket Potato with Beans v

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Fruit
Yoghurt

Tuesday

Option 1

Beef Burger
in a Bun with
Oven Chips

Option 2

Meat Free
Burger in a Bun
with Oven Chips

Option 3

Jacket Potato with Cheese v

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Apple Sponge
with Custard

Wednesday

Option 1

Roast Chicken
with Roast Potatoes
and Gravy

Option 2

Cauliflower and Broccoli
Cheese with Roast
Potatoes and Gravy

Option 3

Jacket Potato with Tuna
Mayo

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Vanilla
Ice Cream

Thursday

Option 1

Spaghetti
Bolognese

Option 2

Keralan Spinach
and Butternut Squash
Curry with Rice

Option 3

Jacket Potato with Cheese v

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Peaches with
Custard

Friday

Option 1

Fish Fingers with
Oven Chips

Option 2

Vegan
Nuggets with
Oven Chips

Option 3

Jacket Potato with Cheese &
Beans v

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Chocolate
Cookie

Vegetarian Contains a minimum of 50% fruit