

What we want our school to be like

At Holly Lodge we want everyone to feel safe in all areas of our school, at all times. Everyone should feel happy to come to school to learn and trust and enjoy one another's friendships.

We want to have an anti-bullying policy because we have to make sure everyone knows the right way to behave.

We want everyone to recognise when bullying happens and for all the school, including children, parents, teachers and governors to work together to stop it.

What is bullying?

In our school a bully is someone who hurts someone repeatedly, by using behaviour which is meant to harm, frighten or upset another person. Bullying usually happens when somebody else looks or acts differently or when someone is jealous.

Bullying can be...

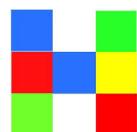
Emotional: hurting people's feelings e.g. name calling or writing letters.

Physical: being aggressive e.g. pushing, kicking.

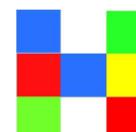
Verbal: teasing and name calling

Racist: prejudice or abusive behaviour towards members of another race.

Cyber: Saying unkind things by text, e-mail, Facebook or whilst playing computer games.



Holly Lodge School Council Child Friendly Anti-Bullying Policy June 2015



What should I do if I am being bullied?

Do:
If you can, tell the bully how they are making you feel.
Tell someone you can trust.
Tell the bully to stop.
Walk away.
Write it down.
In the playground, stand by the midday supervisor.
Speak to a year 6 Mentor.
Stay in a group.

Don't:
Do nothing.
Do what they say.
Don't retaliate e.g. argue back or fight.
Don't take it out on other people.
Hide it or keep it a secret.
Think it is your fault.
Take it personally.

What should I do if I see someone being bullied?

If it is safe, go up to the bully and tell them to stop.
Talk to the person being bullied and include them in your games.
Tell an adult or a friend what you have seen or heard.
Don't act like nothing has happened, take action.
Tell a year 6 Mentor.
Don't take sides.
Don't just walk away.

Who can I tell?

Someone you can trust
A friend
Parent or Carer
Family member
Teacher
Teaching Assistant
Midday supervisors
Year 6 Mentor